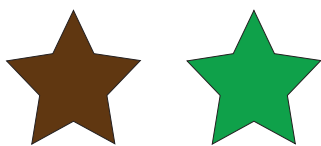


Color/Shape



Sign Language



sleep

With palm toward face, bring fingers together and slide hand down as you close eyes.



blanket

From in front, right arm sweeps across left arm to shoulder near neck (drawing up blanket).



pig

Bend fingers under chin with hand flat and palm down.



potty

Make T with right hand. Shake hand side to side a couple times.



diaper

Make a V with each hand pointing out at waist. Pinch fingers and thumb together (like diaper pins).

Themes

November

Sweet Dreams

Sleeping helps us grow, feel good, and stay healthy. Bedtime can be fun! The children will explore bedtime routines and learn about things to see and do at night.

Life on the Farm

Life on the farm is filled with adventure! The children will investigate aspects of farm life, including animals, barns, harvesting crops, farming jobs, and equipment.

December

Five Super Senses

Sight, hearing, taste, smell, and touch—these are the five super senses! This theme provides many opportunities for hands-on discovery and learning. Children will explore seasonal textures, sounds, scents, and more. Tips on sensory development will be offered as well.

Sparkles & Shivers

Bundle up and get ready to dig into winter! Whether you live in a cold or warm climate, children will enjoy learning all about this time of year and celebrating the magic of winter.

Songs & Rhymes

The Man in the Moon

The man in the moon,
Looked out of the moon,
Looked out of the moon and said:
"It's time for all children on the Earth,
To think about getting to bed!"

The North Wind

The north wind does blow,
And we shall have snow,
And what will the robin do then?
Poor thing!

He will sit in the barn,
And keep himself warm,
And hide his head under his wing,
Poor thing!

Learn with Me

Nighttime Sounds

The outdoors tends to be entertaining for children with all of its sights and sounds. Nighttime is no exception. Take your child outside at nighttime and listen to the night's sounds together. What does your child hear? A car, a nocturnal animal, or maybe the wind?

Recipe

Green Chips

1 bunch kale
1 T. olive oil
salt (optional)



Even the pickiest toddlers may enjoy kale chips! Set your oven to 300° F. Remove the stems from the kale leaves. Wash the kale well and spread out on paper towels to dry. Tear the kale into pieces a little larger than you want the chips to be to allow for shrinkage. Place the kale in a bowl. Sprinkle with olive oil and gently rub it into the kale with your fingers, until well coated. Spread the kale onto two baking sheets in a single layer. Sprinkle lightly with salt, if desired. Bake 10 minutes. Rotate the pans and bake until crisp, about 10 to 15 more minutes. Cool and serve.